



Breastfeeding

Policy statement

At Little Squirts we support families in their decision on whether or not to breastfeed their baby. We understand the benefits of continued breastfeeding and do not encourage a mother to stop this prior to their child starting at nursery. All mothers with children of breastfeeding age who attend the nursery will have access to clear and impartial information to enable them to continue to breastfeed/provide expressed breast milk whilst their child attends the nursery.

Our intention

It is our intention to support parents to continue to provide their child with breast milk once they have started to attend nursery.

Implementation

In the instance that a mother wishes to come in to nursery to feed their child they will be welcomed and provided with appropriate seating.

In the instance that a mother is expressing their milk the setting will ensure the safe storage and heating of the milk as appropriate.

Responsibilities of the Nursery are as follows:

- Provide a labelled container in the fridge for the EBM to be stored in. (separate container for each child)
- The facility must be set between 0-4 degrees centigrade (this is be checked daily).
- The milk must be stored in the main body of the fridge and not the door.
- The milk must be used in date order.

- Acknowledge that when stored, the cream and the milk may separate out. This is normal. Shaking the bottle is not necessary.
- Acknowledge that breast milk may not always be white in colour. A blue, pink or yellow hue is normal and does not indicate a problem with the milk.
- Only re heat EBM by standing the bottle in hot water ensuring water doesn't enter the bottle when warming as it will contaminate the milk.
- Any unused milk must be disposed of after the feed. This will be done by pouring the leftover milk into an allocated jug which is then poured down toilet. EBM should not be poured down a domestic sink.

Responsibilities of the mother:

Breast milk must be stored and prepared under the correct conditions for the safety and health of the child. The following procedures must be followed by both the mother and the staff to enable expressed milk to be given to an infant attending the Nursery. Mothers wishing to bring expressed breast milk (EBM) into the Nursery should be aware of this policy and given a copy upon request.

- Breast milk can be expressed by hand or pump (electric or manual) .
- Breast milk must be handled and stored carefully to reduce cross infection.
- Staff should wear disposable gloves when handling EBM
- Breast milk should be brought into the setting in appropriate sterilised bottles/container.
- The bottles/ container must be clearly labelled with the following: Mother's name, Child's name, Date and time expressed, Mother's name, If frozen, date the EBM was removed from freezer

This policy was adopted by Little Squirts Preschool on 22nd April 2020 (review date 1st March 2023)

Signed.....

Name.....

Role.....